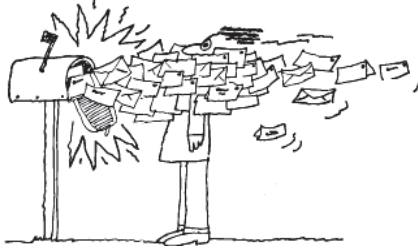




News To Reuse

ADDISON COUNTY SOLID WASTE MANAGEMENT DISTRICT • SUMMER 2009

You CAN Reduce Junk Mail



An average American household receives 848 pieces of junk mail in a year, which amounts to about 40 lbs per household. Here are some great websites that can help reduce the volume:

Source: Time Magazine

- www.dmchoice.org
- www.directmail.com/directory/mail_preference/
- www.newdream.org/junkmail/form.php
- www.catalogchoice.org/

You can also call the District at 388-2333 for a copy of the junk mail reduction form from the Direct Marketing Association. Most people recycle less than 1/3 of their junk mail. If you do get junk mail, please recycle it.

Catalogs that Care

How many catalogs do you regularly receive? You might be surprised to learn that many of them contain little or no recycled-content paper, even ones distributed by reputable companies that claim to have an environmental ethic. A study by the Environmental Defense Fund lists the recycled paper content of over 80 different catalogs. Check it out online at www.environmentaldefense.org/documents/2456_Doesyourcatalogcare.pdf. Help close the loop. Call your favorite stores and let them know you want to see more recycled content in their catalogs. Use your power as a consumer to give recycling a boost. Buy only from companies that print catalogs on recycled paper.

If you don't read the catalog, call to get off the mailing list. When you're done with the catalog, recycle it.



Pb ANGLERS - GET THE LEAD OUT!

Lead is a toxic metal. To reduce human exposure, we no longer allow it in our gasoline, paint, or plumbing. Many wildlife species are also harmed by lead. Loons, ducks, and other waterfowl can die of lead poisoning after swallowing lead sinkers. Research in the northeastern United States and Canada, where loons breed, has found that lead sinkers or jigs account for 10 to 50 % of adult loon deaths. Research in New England indicates that more loons die from lead poisoning than from tumors, boat strikes, fractures, infections, and conflict between loons. Remember, it is **illegal** to use a lead sinker weighing one-half ounce or less to fish in VT. Lead-headed jigs one-inch and smaller are just as deadly as sinkers, and should also be removed from your tackle box. Lead sinkers are collected free of charge at the District Transfer Station. For more information, visit www.vtfishandwildlife.com/get_the_lead_out_disposal.cfm



Check out our new Website!

We've given our website a much-needed facelift and added some great new features.

Check it out when you have a chance!



WWW.ACSWMD.ORG

DON'T WASTE THIS SUMMER!

BE A GRASSCYCLER

Grasscycling is the simple practice of leaving grass clippings on the lawn when mowing. Once cut, grass clippings first dehydrate, then decompose, quickly disappearing from view. Grasscycling encourages a healthy lawn by returning nutrients to the soil. It reduces work for you since you don't need to collect and dispose of lawn clippings. It may also save you money if you currently drive somewhere to dispose of your clippings. You also reduce your need to buy fertilizer. To grasscycle, cut grass when it is dry, and make sure your mower blades are sharp. Follow the "1/3 Rule" & mow often enough so that no more than 1/3 of the length of the grass is cut in any one mowing.



THANKS FOR ANOTHER GREAT GREENUP DAY!

This past May, District residents collected **19 tons** of roadside trash for proper disposal. In addition, tires, car batteries, scrap metal, appliances, propane tanks, electronics, fluorescent bulbs and ballasts, and oil filters were recycled. The District continues to subsidize disposal or recycling of all Green-Up waste.



Many thanks go to the folks who got out there to “green-up” their neighborhoods. Special thanks go to the tireless volunteer coordinators who helped make these efforts possible. We hope to see you all again next year!

Having a Garage Sale?

Don't throw away reusable household items left over from the sale. Bring them in to the **REUSE IT OR LOSE IT!** Center at the District Transfer Station. You'll save money in addition to giving these goods another chance.

Spotlight on



What's Going On?

Every year, tens of millions of cell phones become obsolete as people switch service providers or upgrade to a new phone. The cell phone disposal rate continues to climb now that subscribers may change wireless companies without losing their phone numbers. As more people switch service providers, we see increases in cell phone disposal.

Why Be Concerned?

Cell phones and their batteries should never be thrown in the trash, and are recycled free of charge at the District Transfer Station. The phones themselves generally consist of about 40% metals, 40% plastics, and 20% other trace materials. New phones are being made with more and more recyclable material - material that doesn't need to be thrown out. Copper, plastics, and precious metals can be recovered from old phones through recycling. Many phones can be refurbished and reused.

What to Do?

Bring the phone, along with the battery, to the District Transfer Station in Middlebury for free recycling.

Fluorescent Bulb FAQ

Should I use fluorescent bulbs?

Fluorescent bulbs save energy and should be used in place of incandescent bulbs whenever possible. They use about 66% less energy, reduce energy costs, and last as much as 10 times longer.



Can I put my fluorescent bulbs in the trash? **No.**

All fluorescent bulbs contain mercury and must be properly recycled. Mercury is toxic to humans and the environment.

Where do I recycle my fluorescent bulbs?

Bring any size, any amount to the District Transfer Station any time during regular hours (a small fee applies). You may also recycle up to six bulbs free of charge in Middlebury at Martin's Hardware (388-9500) and Aubuchon Hardware (388-1400), or in Bristol at Martin's True Value (453-3617). (Please do not bring bulbs longer than 4 feet to these participating retailers). Visit www.mercvt.org for more locations.

How should I package bulbs for recycling?

Intact bulbs should be placed into boxes, preferably the boxes the bulbs came in. We also provide free boxes. Tape the box shut and write the number of bulbs on the outside of the box. Please do not tape bulbs together!

I broke a fluorescent bulb. What do I do?

Ventilate the area well. **DO NOT VACUUM.** Pick up broken bulb pieces carefully with gloves and tape, place in a puncture-resistant container, and seal it closed. Store the broken bulb container outside your home and away from children until you can bring it to the District Transfer Station for proper disposal.

What other bulbs contain mercury?

The symbol “Hg” enclosed in a circle indicates that the product contains mercury. The following types of bulbs contain mercury and must be recycled properly: fluorescent (all shapes and sizes), compact fluorescent, black lights, high intensity discharge (HID), mercury vapor, metal halide, high pressure sodium, ultraviolet, and neon bulbs.

What do I do with fluorescent light ballasts?

Older light ballasts may contain PCBs (polychlorinated biphenyls), which are dangerous to human health and the environment. Please examine the ballast for the words “No PCBs.” The absence of these words means the ballast must be considered hazardous. They may be recycled at the Transfer Station for a small fee.

Household Hazardous Waste: BRING it to the CENTER!

The HazWaste Center is open year round! Located at the District Transfer Station on Route 7 South in Middlebury, the HazWaste Center accepts household hazardous waste free of charge from District residents every Tues, Wed, Thurs, and Sat from 8:00 AM – noon!

Businesses should call 388-2333, Ext. 22 to see if you qualify as a conditionally exempt generator (CEG) of hazardous waste, and to make an appointment to deliver your waste. Businesses must pay for the cost of disposal.

Tell Me Again - What IS Hazwaste?

If the label says caution, warning, danger, or poison, then it shouldn't go into the trash. Call the District (388-2333) if you are unsure. Below are a few of the many examples.

- | | |
|--------------------------|-----------------------------|
| Acetone | * Mercury thermometers |
| Adhesives | * Mercury thermostats |
| Algaecides | Mineral spirits |
| Antifreeze | Mothballs/crystals |
| Ant killer | * Motor oil |
| Ammonia | Mouse or rat bait/poison |
| Auto body filler | Nail polish |
| Automotive fluids | Nail polish remover |
| Chlorine bleach | Naptha |
| Brake fluid | Oil-based paint |
| Bug spray | Oily rags/waste |
| * Button cell batteries | Oven cleaner |
| Contact cement | Paint thinner/turpentine |
| Deck sealer | Partially full aerosol cans |
| Diesel fuel | Parts cleaner |
| Drain opener/cleaner | Pesticides/herbicides |
| Driveway sealer | Photographic chemicals |
| Dry cleaning solvents | Pool chemicals |
| Flea & tick powder/spray | Primers/shellacs/stains |
| * Fluorescent bulbs | Propane cylinders |
| Fly killer | * Rechargeable batteries |
| Fuel additives | Roach traps/poison |
| Fungicides | Rug/upholstery cleaner |
| Furniture polish | Solvent-based glues |
| Gasoline | Stump remover |
| Hair dyes | Tar |
| Kerosene | Transmission fluid |
| Lead paint chips | Tub & tile cleaner |
| * Lead-acid batteries | Varnish |
| Lime/rust remover | Weed killer/weed-n-feed |
| | Wood preservative |

- * Items marked above are also accepted during all regular Transfer Station hours (Mon-Fri, 7 AM to 3 PM, and Sat 8 AM to 1 PM).

Explosives, fireworks, ammunition, road flares, lab chemicals, medical waste, and radioactive waste are **not** accepted. Call the District at 388-2333 for information on the proper disposal of these materials.

TRANSFER STATION NEWS

SPRAY BOTTLE GIVEAWAY

District residents that bring household hazardous waste to the HazWaste Center this summer will receive a FREE reusable spray bottle, which can be used to mix your own non-toxic household cleaners (recipes included). While supplies last!



Mercury Thermostat REBATE

Disposing of mercury-containing thermostats properly can yield customers a \$5 rebate when they are brought to the District Transfer Station. Mercury is a hazardous material and is banned from the landfill, so the old-style thermostats can't be thrown in the trash. This collection program encourages proper disposal.

1. Bring the entire thermostat (including metal ring or cover) to the District Transfer Station.
2. Receive a rebate card and a receipt.
3. Mail the rebate card, and keep the receipt.

PLEASE NOTE: It may take several months before you receive the rebate. You can call the number on your receipt to check on the status of your rebate. Also, if the thermostat does not contain ALL parts (particularly the metal ring and/or cover), and if it does NOT contain mercury, you will not receive a rebate. For more information, and a list of additional collection locations, visit www.mercvt.org.

FREE Recycling of Sony TVs & Monitors

For a limited time, all Sony brand TVs and computer monitors will be accepted **FREE OF CHARGE** at the District Transfer Station. Customers should inform the scale operator that they have a Sony TV or monitor, and will be asked to provide their name and address on a coupon to receive the discount. **PLEASE NOTE:** Applicable to Sony brand TVs & monitors only. Regular e-waste recycling fees apply for other brands and products. Visit www.acswmd.org for more info on pricing.

Book Recycling Update



Hard and softcover books are still recycled free of charge at the District Transfer Station during all regular business hours. Due to increased transactions and limits on parking, scavenging of books onsite is now temporarily prohibited (the book recycling area is for drop-off only).

Compost for Earth's Sake!

Pick up a compost bin at the District Transfer Station and get started composting at home! Turn food scraps and yard waste into rich organic food for your garden! Food and yard waste combined represent approximately 25% of our waste. By composting these organic materials, we can save money while keeping waste out of landfills and methane out of the atmosphere. Composting benefits everyone by reducing waste and helping summer vegetable and flower gardens flourish! The Soilsaver is just \$45, and fits neatly into any vehicle. Call us (388-2333) for more details.



SOILSAVER (\$45)

- Holds 11.4 cubic feet
- Made from sturdy recycled plastic
- Retains heat and moisture better than an open pile
- Removable, convenient locking top with self-watering lid

KITCHEN COLLECTOR (\$10)

- holds 9.6 quarts
- made from 25% recycled plastic
- neutral beige color
- carbon filter to stop odors
- stands 11" high
- wide top opening for plate scraping



About the District Transfer Station

Location:

1223 Route 7 South in Middlebury.

Hours for Transfer Station and **REUSE IT OR LOSE IT** Program (see below for HazWaste):

Monday thru Friday: 7 a.m. - 3 p.m.

Saturday: 8 a.m. - 1 p.m.

The **HazWaste Center** at the Transfer Station is open every Tues., Wed., Thurs., & Sat. from 8:00 a.m. - Noon. Businesses by appointment only.

Recycling of the following items is mandatory for residents and businesses in the District:

Newspaper, cardboard, boxboard, white & mixed paper, magazines & catalogs, plastic bottles (#1 & #2), glass bottles (clear, green, brown), metal cans.

We do not accept household recycling or small amounts of bagged trash from residents. Please call us for a list of town recycling and trash drop-off locations, or haulers for curbside collection.

The District Transfer Station does accept many other things. Call us to receive a full list with prices, or visit www.acswmd.org. Please make sure your load is properly sorted, as we reserve the right to inspect all loads and reject or surcharge improperly sorted loads.

District programs are funded entirely by user fees, grants, & donations. No towns are assessed any taxes by the District for this facility, or any of the District's programs. Visit the office Mon - Fri, 8 a.m. - 4 p.m.

"NEWS TO REUSE" IS A SEASONAL PUBLICATION OF THE
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 QUESTIONS OR COMMENTS? CONTACT THE EDITOR AT (802) 388-2333, EXT. 222, OR [ACSWMD@ACSWMD.ORG](mailto:acswmd@acswmd.org).
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